

howe2news

NEWS, INSIGHTS, PROVOCATIONS AND PROFESSIONAL DEVELOPMENT OPPORTUNITIES

ISSUE 4 | 15

Welcome to our end of academic year edition of h2n

Bex Howe introduces you to this edition of **Howe2News**

As we reach the close of another academic year, I want to pause, properly pause and recognise the extraordinary work happening across our schools, trusts and education settings.

This year has asked a lot of leaders and practitioners. Yet everywhere I go, I see the same thing: commitment, creativity, compassion, and a deep determination to help children and young people thrive.

It has been a year of real success for **Howe To Consultancy** too. Roots, Leaves and Wings has grown in reach and confidence, with schools nationally and internationally embedding the curriculum to strengthen inclusion, belonging and independence.

My SEND leadership programmes have supported leaders to build clarity, capability and coherence in their provision. And my work with practitioners from coaching to developmental reviews has helped teams move from overwhelm to impact with dignity, hope and practical tools they can use the very next day.

But it would be disingenuous to pretend the landscape has been easy. Education has faced significant national and international pressures. These include:

- Rising complexity of need in classrooms
- Increasing demand on SEND systems and stretched specialist services
- Persistent gaps in inclusion, attendance and engagement
- Workforce fatigue and recruitment challenges
- Growing expectations around safeguarding, mental health and multi agency working
- Global instability affecting funding, policy direction and community wellbeing

These pressures are real and they are felt daily by leaders and practitioners who want to do the right thing but are navigating systems that are not always designed for ease. This is exactly where **Howe To Consultancy** continues to stand alongside you.

Through leadership development, strategic SEND support, practitioner coaching, curriculum design and our expanding Roots, Leaves and Wings Practitioners Community, I continue to work with organisations across the country to build provision that is:

- Inclusive by design
- Developmental, not judgemental
- Practical, sustainable and evidence informed
- Aligned with national frameworks and local realities
- Focused on what makes the biggest difference for children and families



BEX HOWE, FOUNDER OF HOWETO CONSULTANCY

Whether you are strengthening your SEND strategy, developing your middle leaders, improving classroom practice, or building a culture where every child feels seen, safe and able to succeed I am here to support you with clarity, warmth and tools that genuinely help.

As you head into the summer, I hope you take a moment to recognise the difference you have made this year. The small wins, the big shifts, the quiet persistence, the courageous conversations, the children who now believe they can.

Thank you for everything you do. Thank you for the way you lead. And thank you for letting **Howe To Consultancy** be part of your journey - even it's simply by reading this newsletter!

Here's to rest, renewal and a new academic year filled with purpose, partnership and possibility.

Warm wishes
Bex Howe

Founder and CEO, Howe To Consultancy

PLANNING FOR THE YEAR AHEAD

1

INCLUSION AS A WHOLE SCHOOL CULTURE, NOT A TICK LIST

This year has shown again that inclusion thrives when it is owned by everyone, not held by a few. As we move into the new academic year, the opportunity is clear: build cultures where every

adult understands their role in belonging, regulation, accessibility and ambition. The can do shift? Start small, start together. One shared language. One shared expectation. One shared belief

that inclusion is not an add on; it is the foundation of great education. With the right tools, modelling and leadership clarity, schools can make inclusion feel doable, sustainable and joyful.

2

STRENGTHENING SEND LEADERSHIP AND PROVISION THROUGH CLARITY AND CONFIDENCE

SEND systems continue to feel stretched, but leaders are proving that clarity cuts through complexity. Next year is the moment to refine your SEND strategy, sharpen your processes, and ensure every leader

knows what “effective and inclusive provision” looks like in their subject, phase or provision. The can do mindset? SEND leadership is not about doing more it’s about doing the right things, consistently.

With bespoke curriculum, on-going coaching and practical tools, schools and APs can build SEND provision that is coherent, calm and genuinely impactful for pupils and families.

3

CURRICULUM THAT WORKS FOR REAL CHILDREN IN REAL CLASSROOMS

The most successful settings this year have been those who design curriculum with their pupils in mind not an abstract ideal. As you plan for September, the priority is clear: accessible, ambitious curriculum that meets

learners where they are and moves them forward in a planned and purposeful way. The can do approach? Focus on what helps pupils learn well: clarity, modelling, scaffolding, regulation, and meaningful practice. With

adaptable frameworks like Roots, Leaves and Wings, schools can create curriculum experiences that build independence, confidence and long term success and most importantly meets the child where they are.

4

STAFF DEVELOPMENT THAT BUILDS CAPACITY, NOT BURNOUT

The workforce challenges are real but so is the resilience, creativity and heart of our practitioners. Next year is the time to invest in development that feels supportive,

practical and energising. The can do shift? Move from “training as a one off event” to “development as a rhythm.” Coaching, bite sized learning, implementation guidance,

and shared reflection help staff feel equipped rather than overwhelmed. With the right structures, schools and APs can build teams who feel confident, connected and ????.

BEFORE YOU JUMP IN WITH YOUR NEWLY FOUND ENERGY IN SEPTEMBER...

... IT MIGHT HELP TO CONSIDER THE FOLLOWING:

Where in our daily routines, language and expectations does inclusion feel lived and where does it still feel like a checklist?

What one shared practice (language, routine, adaptation or expectation) could we all commit to this term that would strengthen belonging and accessibility for every pupil?

Which parts of our SEND strategy are crystal clear to staff and which areas need sharper modelling, tools or guidance?

How consistently do leaders articulate what effective, inclusive provision looks like in their subject or phase, and what support do they need to do this confidently?

Where does our curriculum currently meet pupils exactly where they are and where does it assume a level of readiness that isn't realistic?

Which adaptations (modelling, scaffolding, regulation, practice) most improve learning for our pupils, and how can we embed these more deliberately next term?

Which professional development approaches this year genuinely strengthened staff confidence and practice and which felt like 'one off events'?

What rhythm of coaching, reflection and bite sized learning would help our team feel supported, connected and equipped across the year?

HOW2 CAN HELP

development opportunities

DEVELOPMENT OPPORTUNITIES FROM HOWETO CONSULTANCY & OTHER PROVIDERS

Looking ahead: Opportunities for consideration in 2026–27

As we prepare for a new academic year, many schools and alternative provisions are already thinking about how to strengthen inclusion, SEND provision, leadership clarity and whole school culture. To support you in that journey, here are the core Howe To Consultancy pathways designed to help your team feel equipped, confident and ready for the year ahead:

Roots, Leaves and Wings curricula



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For settings wanting a curriculum that genuinely meets children where they are, Roots, Leaves and Wings offers 3 fully inclusive, developmental pathways that builds independence, regulation, communication and life ready skills.

Whether you're embedding it across a whole school, using it within specialist provision, or aligning it with your SEND strategy, the curriculum gives staff the tools to design learning that can be tailored to an individual child.

The curriculums included base lines, planning resources, ready-made activities to support the learning and impact tracking tools.

Stage not age provision

- **Earth and Seeds:** 0 to 4 development stages
- **Roots, Leaves and Wings Primary:** EYFS to end of Ks2 development stages
- **Roots, Leaves and Wings Secondary:** Ks2 to Ks4 development stages

Please contact me for more details.

Launching this September: The Roots, Leaves and Wings Leaders and Practitioners Academy

September 26 sees the launch of our national Leaders and Practitioners Academy; a high impact professional learning community for Inclusion, SEND and Pupil Premium leaders and practitioners.

Your annual membership will include:

- Leadership and strategic tools
- High impact frameworks for leading Inclusion with clarity, confidence and whole school alignment
- Strategic planning tools for SEND & Pupil Premium that drive measurable improvement

Professional learning and development

- Extended Q&A webinars with Bex and guest experts: School and AP specific
- Half termly member on-line meetings
- Unlimited on demand mini courses for rapid, practical CPD
- Monthly implementation guidance and responsive email support
- 1 group coaching session (up to 8 staff)
- Video library
- Full SEND, Pupil Premium and

Inclusion leadership toolkit

- Ready to use templates
- SEND provision effectiveness question banks
- Inclusion audit tools
- Adaptive curriculum resources

Exclusive member benefits

- **20% discount** and priority access to on all face to face training
- **10% discount** on bulk purchases (25+) of parent workbooks
- **10% off face to face** strategy days
- Priority early access to all new content
- **Priority access (and 20% discount)** to Early Bird Roots, Leaves and Wings conference tickets (1 x on-line and 1 x face to face)

For leaders and practitioners who want to:

- Strengthen Inclusion strategy and practice
- Improve SEND & PP outcomes
- Build confident staff
- Embed sustainable, high quality practice
- Join a national community committed to growth, belonging and impact

Please contact me for more details. NB. Early bird prices for organisations that subscribe before 30th September 2026.

Roots, Leaves and Wings Parent Workbooks

Families are asking for practical, accessible guidance and our parent workbooks continue to be one of the most impactful tools for home-school partnership. Designed to be warm, clear and genuinely useful, they help parents to understand the developmental needs of their child and provides them with

100s of accessible and low resourced activities that will empower the parent to support their child in a fun and practical way. support regulation, build independence and celebrate progress.

Bulk discounts make them ideal for whole school or trust wide rollout.



Whole Staff training: The language, the environment and the environment of inclusion



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Schools and APs are increasingly recognising that inclusion is built in the everyday moments: the language we use, the expectations we set, the environment we create.

My whole staff training offers a clear, energising reset: shared language, shared practice, shared confidence. Perfect for INSET, induction or culture building sessions,

this face to face training helps every adult feel part of the inclusion journey and understand their role within it.

New in September: Workshop in a box: all of the materials, trainer notes and resources for you to deliver the training in-house.

Please contact me directly for more details.

Leadership development workshops and group coaching



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Strong SEND and Inclusion leadership is one of the biggest determinants of pupil success.

Our leadership workshops and coaching groups support leaders to build clarity, coherence and confidence in their systems, processes and decision making.

Whether you're developing new middle leaders, strengthening your SEND team, or building strategic alignment across a trust, these sessions provide the tools, thinking space and challenge leaders need to thrive

Please contact me directly for more details.



Future Resilience

As an ex headteacher in multiple schools I always wanted my staff and the students to have the edge by being high performing but not at the expense of their wellbeing and energy levels so they could sustain success. Our services give schools this 'edge.'

At Future Resilience we are experienced senior leaders with track records of school improvement who are all highly qualified in leadership and resilience coaching.

Programmes/services booked by the end of April to start sometime in 2026 will get 10% off. Our 5 most popular services are noted below.



The Leadership Edge Programme

This programme of assessment, workshop and coaching equips leaders with the tools to **strengthen resilience** and increase **leadership capacity** to they can be **more strategic**, high performing and lead with confidence and clarity. It will **reduce burnout** and **increase staff attendance** and **retention**.



Leadership Coaching

One to one coaching for those with aspirations to become a leader to more established leaders including headteachers or executive leaders. **Team coaching** is also offered here. This will **develop self awareness** and **unlock potential** leading to high performance.



Pupil Case Sampling Service

A **review of inclusion** aligned with the OFSTED framework that evaluates how the school supports pupils who have barriers to learning/wellbeing. It will prepare you for an OFSTED inspection but also help you plan how to **support groups of pupils** to be even more successful.



Instructional Coaching Set Up Programme

This programme gives guidance and **training for leaders** to set up and evaluate a low cost **high-impact** professional development programme that improves the **quality and consistency of teaching**.



Headspace Programme

This intervention of five sessions aims to support pupils in **KS4 or KS5** to build their **resilience** by giving them the tools to manage their capacity and **headspace** so they can remove barriers, set goals, plan actions and accept accountability for them. This programme improves **attendance, behaviour** and **pupil attainment**.

Try before you buy ... a 45 minute experience of a programme of your choice for £49 to help you understand the content and delivery so you can make an informed choice.

Book a call now to tell us what you need so we can tailor a package to suit you

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Virtual
Training



Consultancy
and review



On-site
Training



Safeguarding Support and Consultancy

Safeguarding is everyone's responsibility!

As a seasoned Senior Leader in the educational sector, I bring extensive experience in safeguarding, demonstrating a deep commitment to ensuring the welfare and protection of children and young people.

My comprehensive understanding of safeguarding policies and procedures is complemented by a proactive approach to implementing effective strategies that foster a safe and inclusive environment. I excel in training and supporting staff, ensuring they are equipped with the necessary skills and knowledge to identify and address safeguarding concerns.

My collaborative nature enables me to work effectively with multi-agency teams, driving a culture of vigilance and empathy across organisations.

Since forming SBC, I now have the privilege of working with like minded professionals with a passion for keeping children safe.

Training

- Safeguarding
- Prevent
- County Lines
- Contextual Safeguarding

Supervision

- DSL
- DDSL
- Behaviour Lead

Individual or
group sessions

**Coaching and
Mentoring for newly
appointed
DSL/DDSL's, support
with audits, reviews
and processes.**

Sessions can be held in person or virtually.

If you would like to discuss any areas of development or support SBC can provide, please contact me.



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